



## **FAITH 5 WITH FLAT JESUS!**

**The week of Sunday, June 11 2017**

**SHARE** – Share at least One High and One Low from the day or the week.

**READ** – Psalm 100

- 1 Make a joyful noise to the Lord, all the earth.
- 2 Worship the Lord with gladness; come into his presence with singing.
- 3 Know that the Lord is God. It is he that made us, and we are his; we are his people, and the sheep of his pasture.
- 4 Enter his gates with thanksgiving, and his courts with praise. Give thanks to him, bless his name.
- 5 For the Lord is good; his steadfast love endures forever, and his faithfulness to all generations.

**TALK** –

### **A little background info:**

We are starting a 5-week preaching series on the book of Psalms! What is the book of Psalms? Psalms is a book attributed to David (yes King David, from the David and Goliath story). The book of Psalms was originally written to be accompanied by music. It was the hymnbook of the Hebrew Scriptures. Unfortunately, we have lost the music that accompanied the psalms, but fortunately, many musicians throughout the ages have created new music to accompany the psalms.

Just like music carries a wide range of emotions, so does the book of Psalms. Fear, anger, sadness, joy, surprise, trust, love, etc. all of these are reflected in the Psalms... and all of these emotions directed at God. Often times if I don't know how to talk to God, I flip through the Psalms until I find an emotion and language that helps me express what I am feeling.

Psalm 100 obviously uses the emotion of joy. This isn't just one person being joyful. This is a person encouraging everyone, the whole earth to be joyful. They are like a conductor waving their baton encouraging all of creation to join in the song! Why are we singing to God? Does God need us to sing? Does God require us to worship? Nope! Praising God is a way for us to give ourselves to God fully. Praising God is an opportunity for us to connect and be in a better relationship with God. Praising God is also an opportunity for us to show our love of God to others and in doing so we give them the opportunity to join us.

**Some questions to consider as appropriate** (some basic, some complex):

Do you know any music that uses words from the Psalms?

What are some of the ways you enjoy worshiping God?

How can we help others join in "making a joyful noise?"

Is it easy or hard for you to express Joy toward God lately?

What other types of emotions have you felt toward God recently?

**How does this Scripture relate or connect to your life and faith, your Highs and Lows?**

**PRAY** – You can hold hands or fold your hands when you pray together...

Thank God for the Highs you shared with each other.

Ask God for whatever kind of help and support you need for the Lows you shared with each other.

If you want, you can pray the Lord's Prayer together.

**BLESS** – Mark each other with the sign of the Cross on the forehead and say this, or some other blessing you may think of:

**Remember that Jesus loves you and the Holy Spirit is within you!**